

## GLUTEN FREE DAY MENU

### OLD FAVOURITES

<b>JACK'S ENGLISH BREAKFAST</b>	9.80 <input type="checkbox"/>	<b>EGGS ROYALE</b>	8.80 <input type="checkbox"/>
Bacon, poached eggs, mushroom, tomato, baked beans & buttered GF toast		Poached eggs, smoked salmon and hollandaise served on GF toast	
<b>ALICE'S VEGETARIAN BREAKFAST (v)</b>	9.50 <input type="checkbox"/>	<b>BERRY PANCAKES (v)</b>	8.50 <input type="checkbox"/>
Halloumi, smashed avocado, poached eggs, mushrooms & buttered GF toast		Triple stack of GF pancakes, Greek yogurt, blueberry compote, berries and maple syrup	
<b>EGGS BENEDICT</b>	8.20 <input type="checkbox"/>	<b>BACON &amp; MAPLE SYRUP PANCAKES</b>	7.50 <input type="checkbox"/>
Poached eggs, Leicestershire kettle ham and hollandaise served on GF toasted bun		Triple stack of GF pancakes with crispy bacon and maple syrup	

### MUFFINS / SANDWICHES

With gluten free bread or bun

<b>BACON AND EGG</b>	5.50 <input type="checkbox"/>	6.50 <input type="checkbox"/>
<b>SAUSAGE AND EGG</b>	5.50 <input type="checkbox"/>	6.50 <input type="checkbox"/>
<b>MUSHROOM, SPINACH AND EGG (v)</b>	5.00 <input type="checkbox"/>	6.00 <input type="checkbox"/>

### TOASTIES

SERVED WITH CRISPS AND COLESLAW

<b>CHICKEN, BACON &amp; CHEDDAR</b>	7.50 <input type="checkbox"/>
<b>MUSHROOM, GRUYÈRE &amp; JALAPEÑO (v)</b>	7.20 <input type="checkbox"/>
With truffle mayo	
<b>BEEF BRISKET &amp; BLUE CHEESE</b>	7.90 <input type="checkbox"/>
With caramelised onion	
<b>MOZZARELLA, TOMATO, SPINACH &amp; PESTO (v)</b>	7.20 <input type="checkbox"/>

With gluten free bread. Vegan cheese available

### SALADS

<b>CAESAR</b>	7.50 <input type="checkbox"/>
Baby gem, Caesar dressing, parmesan and anchovies	
<b>GREEK (v)</b>	8.20 <input type="checkbox"/>
Tomato, cucumber, red onion & olives, topped with a slab of feta cheese	
<b>RICE (v) (ve)</b>	8.20 <input type="checkbox"/>
Black bean, kale, red pepper and sunflower seeds	

### SALAD ADD ONS

Chicken breast	3.00 <input type="checkbox"/>
Grilled halloumi (v)	2.50 <input type="checkbox"/>
Avocado (v)	2.50 <input type="checkbox"/>

### GF FRIES AVAILABLE (v)

3.50

### HOT DOGS

<b>HOT DOG</b>	5.00 <input type="checkbox"/>
Traditional pork "dog", served in a GF bun with onions, mustard and ketchup	
Add chilli	1.50 <input type="checkbox"/>
<b>VEGAN HOT DOG (v) (ve)</b>	5.20 <input type="checkbox"/>
Moving Mountain vegan hot dog served in a GF roll	
Add three bean chilli	1.50 <input type="checkbox"/>
<b>ADD GF FRIES</b>	2.75 <input type="checkbox"/>

### BOWLS

<b>BEEF BRISKET CHILL</b>	10.50 <input type="checkbox"/>
With wild rice & GF bread	
<b>THREE BEAN VEGAN CHILLI (v) (ve)</b>	10.20 <input type="checkbox"/>
With wild rice and GF bread	
<b>CHICKEN TAGINE</b>	11.20 <input type="checkbox"/>
With rice & GF bread	
<b>BUTTERNUT SQUASH &amp; RED ONION TAGINE (v)</b>	9.20 <input type="checkbox"/>
With rice & GF bread	

### BOARDS

<b>SOUP OF THE DAY</b>	5.80 <input type="checkbox"/>
With GF bread	
<b>MEZZE (v)</b>	10.80 <input type="checkbox"/>
Caramelised onion hummus, tzatziki, olives, mini Greek salad, feta, halloumi and GF bread	
<b>THREE CHEESE (v)</b>	11.00 <input type="checkbox"/>
Three cheeses, chutney, grapes, celery & GF bread	
<b>CREAM TEA (v)</b>	6.00 <input type="checkbox"/>
Two GF scones with clotted cream and jam (subject to availability)	